



*Optimal Care Australia*



# Achieve Your Optimal Wellbeing with OCA

Helping you improve your health and wellbeing



**1300 206 570**

[www.optimalcareaustralia.org.au/ndis-support-services/](http://www.optimalcareaustralia.org.au/ndis-support-services/)

# Your Allied Health

Group of specialists  
dedicated to enhancing lives  
through comprehensive care  
and support



Occupational Therapist



Psychologist



Dietitian



Physiotherapist



Exercise Physiologist



**Committed to listening to and understanding the needs of our clients, and providing the highest standard of care.**





## Get in Touch

Feel free to reach out to us with any questions or to schedule a consultation. We're here to help bring your concrete projects to life!



**1300 206 570**

[info@optimalcareaustralia.org.au](mailto:info@optimalcareaustralia.org.au)

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